



# Beaman Park Nature Center

## May and June 2017

### Program Schedule



## May

To register for programs, please call 862-8580

### Make Origami Animals and Insects With Paper!



Thursday, May 4  
1:00 - 2:00 P.M.  
Age level: All Ages  
Call to register

Origami is the art of folding paper. We will learn how to make fun 3D figures such as cicadas, birds, snails, butterflies, flowers, and more! Kids and adults alike can enjoy this crafty hobby.

### Migrating, Way of Life!



Friday, May 5  
9:30-11:45am  
Age level: Adult, 13+  
Call to register

What is a Neotropical migratory bird? Tennessee is rich with species that travel throughout America. How many kinds are there? How far do they travel? How high do they fly? Learn the answers to these questions and much more. Leisure & Lecture with Ronnie Douglas

### Yoga at Beaman



Saturday, May 13  
9:30-10:45 a.m.  
Age level: Adults  
Cost: \$8 per person

Enjoy your downward facing dog outside in the beautiful serenity of Paradise Ridge with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely covered deck.

### Wildflower Hike



Thursday, May 18  
9:30 - 11:30 A.M.  
Age level: Adult, 13+  
Call to register

Beaman Park contains a bounty of wildflowers. Join the naturalist as we hike along the park's trails looking for these ephemerals. We'll discuss uses of the plants as well.  
Leader: LinnAnn Welch

### Cinnamon Beetles



Saturday, May 20  
10:00-11:00 A.M.  
Age level: 6-13 years  
Call to register

Insect's acute sense of smell enables them to survive. Some insects rely on chemical cues to find their way in nature. Join Ronnie at Beaman Park to learn about Cinnamon Beetles.

### Night Hike



Tuesday, May 23  
8:00 P.M.-10 P.M.  
Age level: All ages  
Call to register

The moon is bright and the trails beckon. We'll hike the Henry Hollow Loop trail and enjoy the magic and mystery of Beaman Park in the dark.  
Leader: Neel Deshpande

### Guided Nature Hike



Friday, May 26  
9:30-11:30 A.M.  
Age level: All ages  
Call to register

Join a park naturalist as we hike the trails to enjoy the beauty of nature and look for wildflowers and other late spring plants.  
Leader: Kevin Sykes

For assistance or accommodation, please contact the Beaman Park Nature Center: (615) 862-8580



Beaman Park is open 7 days a week from dawn until dusk  
Check out programs at the other Metro Parks Nature Centers too.  
[www.nashville.gov/parks/nature](http://www.nashville.gov/parks/nature)



# Beaman Park Nature Center Program Schedule

**June**

To register for programs, please call 862-8580

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## Wildflower Hikes

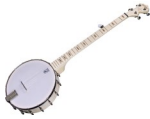


Every Saturday in June  
10:00-11:30 A.M.  
Age level: 13+  
Call to register

Join park naturalist Cheryl Medley for a morning of searching for colorful summer flowers and those that are more inconspicuous. We'll focus on the Henry Hollow Creek area.

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## Meet The Banjo



Friday, June 2  
10:00 - 11:00 A.M.  
Age level: All Ages  
Call to register

Join park naturalist and banjo picker Kevin Sykes to learn the history of this uniquely American instrument and hear some "old time" tunes played in the clawhammer banjo-playing style.

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## National Trails Day



Saturday, June 3

The first Saturday of every June is National Trails Day, and we invite you to visit Warner, Shelby Bottoms, Bells Bend, or Beaman to celebrate our parks by hitting the trails. And don't forget to stop by our nature centers to say hello!

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## Owl Prowl



Friday, June 9  
7:30-9:00 P.M.  
Age level: All ages  
Call to register

Lets hit the trail and search for owls in the park. We will try to call the owls and see if they will answer.  
Leader: staff

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## Trees of Summer



Thursday, June 15  
9:00-10:30 A.M.  
Age level: All ages  
Call to register

Summer leaves tell us much about who a tree is. Learn about tree ID and the diversity of the park on this hike along the ridge and creek.  
Leader: LinnAnn Welch

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## Yoga at Beaman



Saturday June 24  
9:30-10:45 a.m.  
Age level: Adults  
Cost: \$8 per person

Enjoy your downward facing dog outside in the beautiful serenity of Paradise Ridge with yoga instructor Robin Haynes. Rain or shine, you'll enjoy your workout on our lovely covered deck.

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## Creek Exploration



Saturday, June 24  
1:00-3:00 P.M.  
Age level: All ages  
Call to register

Bring your creek shoes and minnow net to explore the creek with a naturalist. You'll learn about the streams quality by the critters that live there as you also cool off on a summer day.

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Beaman Park Nature Center  
5911 Old Hickory Blvd  
Ashland City, TN 37015  
(615) 862-8580  
beamanpark@nashville.gov

Tuesday-Friday: 12-4 P.M.  
Saturday: 9A.M-4 P.M.  
and by appointment  
Please visit us on Facebook

### **For Safety and Security Needs Contact:**

**Park Police Office: 615-880-3429**

**Non life-threatening emergencies: 615-862-8600    Life-threatening emergencies: 911**

